CLASS TITLE
BEAN- BB Beans Made Easy (Wasatch)
BEAN- BB Legumes (Utah Co.)*
BEAN- FD Dried Beans 101 (Wasatch)
BF- FD Breastfeeding Class (Bear River)
BF- FD What Are Your Feelings about Breastfeeding? (State)
BF- SP Let's Talk About Breastfeeding (State)*
BF- WB Support for Breastfeeding Moms (wichealth)*
BKF- BB Break-the-fast (Southwest)*
BKF- FD Breakfast - Quick and Healthy (SLVHD)
C- BB Child's Play - Limiting Screen Time (Southwest)*
C- BB Food or Feud (SLVHD)*
C- BB Grow Happy Kids (Utah Co.)*
C- FD Feeding Young Children: Food or Feud? (SLVHD)
C- FD How to Cope with a Picky Eater (State)
C- FD Mealtime Management (SE)
C- FD Mealtime Routines (State)
C- FD Reward with Love (State)
C- FD Who's In Charge of the Food? (State)
C- SP Making Mealtime Happy Time (State)
C- WB Create Good Eating Habits in Your Child (wichealth)*
C- WB Fun and Healthy Drinks for Kids (wichealth)
C- WB Healthy Happy Active Children (wichealth)*
C- WB Help Your Child Make Good Eating Choices (wichealth)*
C- WB Secrets of Feeding Picky Eaters (wichealth)*
C- WB Trust Your Child to Eat Enough (wichealth)*
CERT- BB New Food Rule (State)
CERT- BB Using WIC Tools (Utah Co.)*
CERT- FD New Food Rule (State)
CONS- FD Make Healthy Choices and Limit Trans Fatty Acids (State)
CONS- FD Understanding and Applying MyPyramid (SLVHD)
CONS- FD Using Nutrition Labels to Make Healthy Food Choices (State)
CONS- SP MyPyramid (SLVHD)*
CONS- WB Steps to a Healthier Family (wichealth)
DIS- BB Immunizations (Utah Co.)*
DIS- FD Family Health History - Know Your Past Protect Your Future (State)
DIS- FD Preventing Heart Disease (SLVHD)
DIS- FD Preventing Type 2 Diabetes (SLVHD)
DIS- FD Preventive Measures to Avoid Getting the Flu (State)
EAT- FD Fast Food: Healthier Choices When Eating Out (State)
EAT- FD Making Healthier Choices When Eating Out (SLVHD)
EMER- BB Emergency Preparedness (Utah Co.)*
EMERG- FD Emergency Prepardeness (72 Hour Kits) (SLVHD)
ESS- FD The Sweet Tooth (State)
ESS- WB Healthy Whole Grains (wichealth)
FLD- FD Water - A Nutrient for Life (SLVHD)
FSAF- FD Food Safety: Preventing Foodborne Illness (SLVHD)
FV - BB Fruits & Veggies - More Matters (Utah Co.)*
FV- FD Phytochemicals (TriCounty)
FV- FD Selecting and Storing Fresh Fruits and Vegetables (SLVHD)
FV- BB Fruits & Veggies - More Matters (State)*
FV- FD Fruits & Veggies - More Matters (State)*
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FV- SP Fruits & Veggies More Matters (State)* I- WB Babys First Cup (wichealth.org) I- FD Feeding Your Young Child (State) I- FD Infant Feeding Class (Baar River) I- FD Infant Feeding Class 6-12 months (State) I- FD Infant Feeding Class Sirth-6 months (State) I- FD Infant Feeding Class Sirth-6 months (State) I- FD Is Young Baby Ready to Eart? (SE) I- SP Infant Feeding 6-12 Months (State)* I- SP Infant Feeding 6-12 Months (State)* I- SP Infant Feeding 6-12 Months (State)* I- SP Infant Feeding Birth-6 Months (State)* I- WB Starting Your Infant on Solid Foods (wichealth) MENU-BB Smart Shopping (SE) MENU-BB Smart Shopping (SE) MENU-BB Smart Shopping (SE) MENU-FD Easy Meals for Busy Families (State) MENU-FD Mealtime Management (SE) MENU-FD Mealtime Routines (State) MENU-FD Mealtime Routines (State) MENU-FD Mealtime Management (SE) MENU-FD Mealtime Routines (State) MENU-FD Shopping on a Budget (Bear River) MENU-FD Shopping on a Budget (Bear River) MENU-FD Shopping on a Budget (Bear River) MENU-FD Manter Serbiner? (TriCounty) MENU-FD Marticatory (Tricounty) MENU-FD Marticatory (Tricounty) MENU-FD Marticatory (Tricounty) MENU-FD Shopping (Tricounty) MENU-FD Marticatory (Tricounty) MENU-FD Shopping Are Brith (State) N-FD Returning to Your Pre-pregnancy (Weight (State) N-FD Returning to Your Pre-pregnancy (Weight (State) N-FD Aracilitator's Cutter of County Meanagement (State) N-FD Aracilitator's Cutter of County Meanagement (State) N-FD For Ended Murber (State) N-FD For Ended Murb	
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SP=Self-Paced	

BEAN=Beans
BF=Breastfeeding
BKF = Breakfast
C=Child
CERT=Certification Core Contact
CONS=Consumer Nutrition
DIS=Disease Prevention
EAT=Eating Out
EMER=Emergency Preparedness
ESS=Essential Nutients
FAL=Food Allergies
FLD=Fluids
FSAF=Food Safety
FV=Fruits and Vegetables
HWT=Healthy Weight
<i>I=Infant</i>
MENU=Menu Planning
N=Postpartum
NUTC=Nutrients of Concern
ORAL=Oral Health
P=Prenatal
PHYS=Physical Activity
WHI=Women's Health Issues
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